



March Meeting 2022

Hello everyone!

Hope you are enjoying a good start to the spring. Missouri Baptist Hospital told me they are not allowing outside use of their facility at this time so we still do not have access to a place to meet. While the zoom meetings were ok, we were not able to have speakers. Education and information are main components of our meetings and we are not able to provide them at this time.

With this in mind, we are not going to have the zoom meeting this month. We have been discussing ideas on how to continue our tradition of supporting those with OCD and their families. I will keep everyone up to date with information about what we will be doing in the future.

Thank everyone for their support of us and sharing your experiences. I have heard the expression "A burdened shared is a burden halved". I know being a part of this group has really meant a lot to me. The website and email are going to remain active so you can access as needed.

Website: stlocd.org

Email: stlocd@swbell.net

Take Care.

Vickie Higgins
St Louis OCD Support Group