

Important Message



Due to the rising cost of postage and other demands on my time I am sorry to inform you that I will no longer be mailing out our quarterly meeting announcements.

Our meetings will continue to be held on the third Saturday of every month. If you would like to receive update on our meetings please send an e-mail request to STLOCD@swbell.net and you will be added to our e-mail list. You can also view meeting information and find additional resources on our website at www.STLOCD.ORG and by visiting our Facebook page.

If you do not have access to electronic media, please contact the St. Louis OCD Support Group at 314-291-7556 and we will update you on the meeting schedule.

Jan H.

St. Louis OCD Support Group